

# WELCOME

## *Carolina Elite Athletics*

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### ALL STAR Parent Handbook

2022-2023

Welcome to Carolina Elite Athletics! We are extremely excited to have you become a part of our program and family! We strive for excellence while teaching our athletes teamwork, discipline, and passion. We genuinely care for each one of these kids, and hope to make a fun, organized, and well communicated establishment. In this handbook, you will find information about the evaluation process, team placements, practice schedule, important dates, athlete and parent policies, financial obligations, and terms and conditions. Please read this handbook entirely with your athlete prior to evaluations as you will be asked to sign and agree to terms in each section.

#### Evaluation Checklist

- Register child(ren) online in JackRabbit
- Annual Registration fee: \$45(if not already paid this year)
- Evaluation/Try-out fee: \$50 paid prior to evaluations.

Saturday, May 14th, 2022: (age 5-11). Time: 10am-11pm

Saturday, May 14th, 2022: (ages 12-18) Time: 11:30-1pm (Some may be asked to stay and stunt later if necessary)

- Buy out contract signed & dated
- Copy of child(ren)'s birth certificate
- Terms and conditions checklist completed, signed, and dated
- Last page of handbook completed
- All Contracts and paperwork must be completed by **May 15<sup>th</sup>** and turned in by the end of the team reveal party.

# TEAM *Placements*

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Carolina Elite Athletics follows the rules and regulations that are set from Varsity. Our evaluations are based on age first but there are many other factors into forming teams including jumps, tumbling, stunting, dance, motions, dedication, age, physical and mental ability, attitude, and work ethic all are very important. Some kids might not have the same level of tumbling as other athletes on the team, but we try to match up athletes as best as we can, based on overall level. We also choose our teams based on the positions we need to fill (bases, tumblers, jumpers, flyers, etc). We have a two-year rule for every athlete. They will remain on the same level for a minimum of two years in our program and could be more up to the coach's discretion. Trusting our staff will allow your child to thrive at the level they will be successful. Our decisions are not only what is best for your athlete, but also the entire Carolina Elite Athletics All-star program!

**Team Reveal:** Will be held on Sunday May 15<sup>th</sup>, 2022, at 12pm We will reveal what team(s) your child has made, who his or her coaches will be, team moms and what day and time your child's practice will be. Please allow coaches and staff 24 hours before voicing any concerns you have due to your athlete's team placement.

Your eligibility age for the season is based on the year your child was born. Many athletes will fall into more than one category. We will place them based on what we feel is the best fit for the child and our gym.

## ATHLETE AGE GRID

| Division     | Age   | Birth years      |
|--------------|-------|------------------|
| TINY NOVICE  | 3-6   | Born 2015-6/1/19 |
| TINY LEVEL 1 | 5-6   | Born 2015-2017   |
| MINI TEAMS   | 6-8   | Born 2013-2016   |
| YOUTH TEAMS  | 6-11  | Born 2010-2016   |
| JUNIOR TEAMS | 7-15  | Born 2006-2015   |
| SENIOR TEAMS | 12-18 | Born 6/1/03-2010 |

# ELITE *Cheerleading*

|                              |   |
|------------------------------|---|
| <p><b>AGES</b></p>           | <p>Our elite teams are available for ages 6 -18 years old.</p>  |
| <p><b>PRACTICES</b></p>      | <p>Season runs May through May<br/>           Practices are twice per week for 1-2 hours each.<br/>           1 hour tumble class per athlete is included in tuition.<br/>           Regular attendance at both practices is <b>MANDATORY</b>.<br/>           Additional tumble classes are discounted for our athletes (\$50 monthly)<br/>           Extra practices will be scheduled the Saturday before every competition and are also mandatory. We will have the final schedule when competition dates are released.</p>  |
| <p><b>UNIFORM</b></p>        | <p>Our elite uniforms are not only beautiful, but they are eye-catching on the floor!<br/>           Uniform fees are due in September and are \$400.<br/>           Bows \$40. Athletes are responsible for providing <b>**black**</b> no-show socks and <b>**BLACK**</b> cheer shoes. <b>NO HIGH TOPS</b>. Erika Bajcar will size them the first week of practice, and money will be due by Friday 5/20/22<br/>           Mesh leotard will be required for all youth and junior athletes this year.<br/>           If a returning athlete needs a new uniform, we encourage you to try to swap uniforms first, before ordering a new one. We will only be handling <b>NEW</b> uniform orders. The staff will put on a sizing day in June. The staff will not be involved in any uniform swap. Please be sure they are in new/good condition when swapping.</p>                 |
| <p><b>WHAT TO EXPECT</b></p> | <p>Our elite athletes will attend practices throughout the summer focused on building stunt groups, tumbling and jump technique, and working to get ready for choreography camp. Summer practices will allow flexibility for vacations within our given closings, but mandatory practices will begin July 18<sup>th</sup> to prepare for choreography. Elite athletes will attend a professional choreography camp hosted by Scott Rigoli to learn their routine. Elite athletes will compete a 2 1/2-minute routine at 7-8 events throughout the year. We will compete locally and regionally in the 2022-2023 season. All cheer and tumbling practices are mandatory. Youth teams will attend a choreography camp held by Coach Dani. There is a possibility our elite teams may get a bid to the Youth Summit in April or D2 Summit in May. This will be <u>mandatory</u>.</p> |

# IMPORTANT Dates

|   |   |
|---|---|
| <p>Practice Schedule</p>  | <p>Your Practice times will be listed on your reveal sheet. Team reveal is May 15<sup>th</sup> from 12-2pm</p>  |
| <p>Choreography Dates</p> <p>Choreography is <b>MANDATORY</b>. IF you cannot make choreography, you will not be in the routine.</p> | <p>Choreography will be held in August. Each team will have two days of choreography. <b>THIS IS MANDATORY</b></p> <p>Youth Choreography will be done by Coach Dani. Those dates will be listed on your team reveal letter and will be mandatory!</p> |
| <p><b>GYM CLOSINGS:</b></p>   | <p><b>Dates:</b></p>  |
| <p>Family vacation time</p>   | <p>May 23<sup>rd</sup> -June 5<sup>th</sup></p>   |
| <p>Independence Day / Closed</p>  | <p>July 2<sup>nd</sup> -5<sup>th</sup></p>  |
| <p>Labor Day</p>  | <p>September 2<sup>nd</sup>-6<sup>th</sup></p>  |
| <p>Thanksgiving</p>   | <p>November 23<sup>rd</sup> -27<sup>th</sup></p>  |
| <p>Christmas / New years</p>  | <p>December 19<sup>th</sup>-January 1<sup>st</sup></p>  |
| <p>Feb travel to Atl.</p>   | <p>February 16<sup>th</sup> -21<sup>st</sup></p>  |
| <p>Spring Break</p>   | <p>March 6<sup>th</sup> - 10<sup>th</sup> (Pender County spring break)</p>  |

| <b>All Star Elite Payment Schedule</b> |   | <b>2022 - 2023</b>                                   |
|--|---|--|
| <b>May</b>                             | Need to be prepaid through JR online registration<br>\$45 annual registration fee<br>\$50 evaluation fee                  | 16th - Tuition \$180<br>Crossover- \$225             |
| <b>June</b>                            | <u>Due 1st</u><br>USASF Fee \$50 (paid on your own)<br>Practice wear:<br>Returning athletes: \$150<br>new athletes: \$200 | 15th - Tuition \$180<br>Crossover- \$225             |
| <b>July</b>                            | <u>Due 1st</u><br>Choreography/Music<br>\$200 cross over \$225  | 15 <sup>th</sup> - Tuition \$180<br>Crossover- \$225 |
| <b>August</b>                          | <u>Due 1st</u><br>Choreography/Music<br>\$200 cross over \$225  | 15 <sup>th</sup> - Tuition \$180<br>Crossover- \$225 |
| <b>September</b>                       | <u>Due 1st</u><br>(If needed) Elite uniform- \$400<br>Bow \$40 (new every year)   | 15 <sup>th</sup> - Tuition \$180<br>Crossover- \$225 |
| <b>October</b>                         | <u>Due 1st</u><br>Competition Fees/coaches travel<br>Single team: \$365 cross over: \$395                                 | 15 <sup>th</sup> - Tuition \$180<br>Crossover- \$225 |
| <b>November</b>                        | <u>Due 1st</u><br>Competition Fees/coaches travel<br>Single team: \$365 cross over: \$395                                 | 15 <sup>th</sup> - Tuition \$180<br>Crossover- \$225 |
| <b>December</b>                        | <u>Due 1st</u><br>Competition Fees/coaches travel<br>Single team: \$365 cross over: \$395                                 | 15 <sup>th</sup> - Tuition \$180<br>Crossover- \$225 |
| <b>January</b>                         | <u>Due 1st</u><br>Competition Fees/coaches travel<br>Single team: \$365 cross over: \$395                                 | 15 <sup>th</sup> - Tuition \$180<br>Crossover- \$225 |
| <b>February</b>                        | Possible Summit payment   | 15 <sup>th</sup> - Tuition \$180<br>Crossover- \$225 |
| <b>March</b>                           | Possible Summit payment   | 15 <sup>th</sup> - Tuition \$180<br>Crossover- \$225 |
| <b>April</b>                           | Possible Summit payment   | 15 <sup>th</sup> - Tuition \$180<br>Crossover- \$225 |

| All Star Youth  | Payment Schedule   | 2022- 2023           |
|-----------------|--|----------------------|
| <b>May</b>      | Need to be prepaid through JR online registration<br>\$45 annual registration fee<br>\$50 evaluation fee               | 15th - Tuition \$150 |
| <b>June</b>     | <u>Due 1st</u> USASF Fee \$50 (paid on your own)<br>Practice wear:<br>Returning athletes: \$150<br>new athletes: \$200 | 15th - Tuition \$150 |
| <b>July</b>     | <u>Due 1st</u><br>Choreography/Music<br>\$125  | 15th - Tuition \$150 |
| <b>August</b>   | <u>Due 1st</u><br>Choreography/Music<br>\$125  | 15th - Tuition \$150 |
| <b>Sept</b>     | <u>Due 1st</u><br>(If needed) uniform- \$400 Bow \$40= \$440<br>Single piece of uniform: \$200                         | 15th - Tuition \$150 |
| <b>October</b>  | <u>Due 1st</u><br>Competition Fees \$365   | 15th - Tuition \$150 |
| <b>November</b> | <u>Due 1st</u><br>Competition Fees \$365   | 15th - Tuition \$150 |
| <b>December</b> | <u>Due 1st</u><br>Competition Fees \$365   | 15th - Tuition \$150 |
| <b>January</b>  | <u>Due 1st</u><br>Competition Fees \$365   | 15th - Tuition \$150 |
| <b>February</b> |  | 15th - Tuition \$150 |
| <b>March</b>    |  | 15th - Tuition \$150 |
| <b>April</b>    |  | 15th - Tuition \$150 |
| <b>May</b>      |  |                      |

# COMPETITION

## *Schedule*

| Date        | Competition   | Location                            | Stay to play   |
|-------------|---|-------------------------------------|--|
| 12/10-12/11 |    | Aloha Showdown<br>Gatlinburg, TN    | NO   |
| 1/14-1/15   |    | Spirit of Hope<br>Charlotte, NC     | YES  |
| 1/28-1/29   |   | American Superstarz<br>Raleigh, NC  | NO   |
| 2/18-2/19   |  | Cheersport Nationals<br>Atlanta, GA | YES  |
| 3/18-3/19   |  | Canam<br>Myrtle Beach, SC           | YES  |
| 3/25-26     |  | Spirit Sports<br>Myrtle Beach, SC   | NO   |
| 4/22-23     |  | Myrtle Beach, SC                    | NO   |
| 5/6-7       | D2 Summit   | Orlando, FL                         | More information will<br>be released if team<br>receives a bid |

# PROGRAM

## *Policies*

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### Attendance:

Attendance at every practice is **MANDATORY**. This sport is extremely unique, in which we do not have a "bench" to pull from like basketball, or football. **Everyone** is very crucial to the team. Every absence will be sent to a review committee to be determined excused or unexcused (see review clause for more detail). From June 5<sup>th</sup> to July 18<sup>th</sup>, you are allowed two unexcused absences (we recommend you not to miss because this month is when we determine stunt groups, tumble positions, jump spots, etc). July 18<sup>th</sup> until Choreography, all practices are mandatory. You **will** be charged \$50.00 for any "unexcused" absence from after choreography until November 7<sup>th</sup>, 2022. After November 7<sup>th</sup>, you are not allowed to miss a practice because we will be in our competition season. Unexcused absences are listed, but not limited to family vacations outside our given time off, extracurricular activities, schoolwork, tests, basketball games, football games, band/chorus concerts, plays, high school cheer practices, etc. The **ONLY** excused practices will be a death in the family, or if you personally tested positive for the Flu, Strep or Covid-19 and that will require a doctor's note. If your child has symptoms of a sickness, we would like them to attend practice on restrictions. We suggest wearing a mask to not spread the illness.

Bad behavior in school or at home is not an excuse to miss practice. Please find a punishment that does not also punish coaches and teammates. This action will be brought to a review committee and could lead to dismissal from the program.

Extra practices will be prescheduled for the Saturday right before any competition. These practices **WILL** be mandatory. If an emergency (injury/sicknesses) arises, coaches will be allowed to add an extra practice on a Friday if necessary.

Any preplanned vacations must be given to the director at the team reveal. It will then go to the review committee and will be determined excused or unexcused (see review clause for more detail). You must submit an Absence Request Form two weeks prior to the absence to find a fill in for your athlete. A completed form doesn't **NOT** automatically excuse the absence. They must be approved by the director.

### **Competition expectations:**

All travel, hotel stay, transportation, etc. are the responsibility of each family. There are times families have traveled together to save on costs of hotels, rental cars, etc.

All competitions listed in this packet are **mandatory for every athlete.** The finalized schedule is posted in July. Please make sure there are no conflicts before the buyout contract starts. If you miss a competition for any unexcused reason this will result in immediate dismissal of the team. No refund of any kind will be given, and the buyout contract will apply. All absences will go to the review committee and will be determined excused or unexcused (see review clause for more detail).

Vacations are not permitted during the competition season. Please plan any vacations during our total of seven weeks we are giving the children off throughout the year (reference important dates page for those closures). We ask that parents and athletes act appropriately during the competition day. If you have a concern, please give staff and coaches 24 hours before addressing them. You will need to make an appointment if you still feel a certain way about the situation.

### **Attitude/Social Media:**

We want to keep a positive environment here at Carolina Elite. We train athletes to have fun, and push themselves to new limits with a positive, encouraging attitude. We **do not** tolerate bullying or bashing on social media or at practice of teammates, coaches or gym from athletes **OR** families. Rolling eyes, talking back to coaches, and bad-mouthing teammates is **UNACCEPTABLE.** This will be taken to the review committee and consequences will be determined then.

### **Nonparticipants:**

No parents, siblings, aunts, uncles, guardians, etc. will be allowed in the gym unless invited in by the coach. You will be kindly asked to leave if this becomes an issue.

### **Attire:**

For practices, hair should be firmly secured out of the face. We recommend keeping a few extra hair ties in your child's backpack. NO jewelry to practice as it not only compromises athletes' safety during stunting and tumbling, it doesn't look professional to outsiders. Natural nails that cannot be seen past the finger are the only acceptable nails for practices and competitions. Every practice if an athlete is missing a piece of their practice wear, they will condition. This is a good way for them to learn discipline, and for teammates to recognize the consequences.

If there is a sizing issue with practice wear or uniform, you will need to take the uniform to a seamstress to have it altered.

We encourage all parents to purchase apparel through our proshop to show support for the gym, and so at competition we all match!

### Injuries:

A doctor's note is required for every injury that needs professional medical attention. It is the responsibility of the athlete and family to keep the coaches informed about any injury. If the injury prevents the athlete from returning, there will be no refunds and will go into review with the director for payments moving forward. When the athlete's injury is healed, the coaches and director will put in place a "return to play" course of action to ensure that the athlete is fully ready to return.

### Private lessons:

Private lessons will be available to athletes who are interested. You will need to contact the coach directly. These do not replace your weekly tumble classes. Payments will be done through the coach and client, not through the gym. Parents **will not be allowed** in the gym for their kids lessons due to the space in the gym. We are growing and we need to be sure we are keeping everyone safe.

### Refunds:

There are absolutely **NO** refunds for tuition, registration, or competition fees to anyone who leaves the program, regardless of the date of leaving the program. Anyone who leaves OR is dismissed is responsible for payment of the final month and all outstanding fees along with a buyout fee. If you have paid for a uniform/practice wear, you will receive those items you have purchased. You will not have the option for a refund for those items.

# *Review Process*

**Attendance Review Process:** The committee will sit down and review the absence and determine whether it will be excused or unexcused. We take into factor all the aspects of why the child was missing. This will then be presented to the family with all parties present.

**Competition Review Process:** The committee will sit down and review the absence and determine wither it will be excused or unexcused. We take into factor all the aspects of why the child was missing. This will then be presented to the family with all parties present.

**Attitude and Social Media Review Process:** The first offense will be handled by the coaches/athlete/parent of athlete involved in the incident. The second offense will be a written

warning given to the parents by the Director. The third offense could be grounds for dismissal. All situations are handled by the Review Committee.

# COMMUNICATION *Information*

We keep an open line of communication here at Carolina Elite. Email, Facebook groups, and group chats will all be used during this season to send important information about practices, competitions, and events. If any questions arise or you have any concern about the team, or your child, please contact the Gym Director, Danielle Smith, at [info@carolinaeliteinc.com](mailto:info@carolinaeliteinc.com).

## COACHES & SOCIAL MEDIA

It's very important that parents and athletes have the opportunity to interact with coaches and ask any questions they may have. That said, practice is a tough time to do that as coaches work hard to create a lesson plan that has the most effective utilization of time for all teammates. For that reason, we ask that parents set up a time to meet with the All-Star Director and/or any team coach outside of regular practice times. We're happy to set up an in-person, over the phone or Zoom meeting to best meet your schedule. That said, many of our coaches are students and have full-time jobs outside of Carolina Elite. We do ask parents to refrain from private messaging our coaches. **To establish a healthy work and personal-life boundary, our staff has been asked to direct any inquiries made on their personal social media accounts to the gym's email and/or social media.** By doing this, we're able to create a healthy work environment while also responding to your needs efficiently and accurately.

## POSITIVE COACHING ENVIRONMENT

Our goal as a gym is to always ensure that your child is developing healthy character skills and leadership that will continue to benefit them later in life. Sports is an excellent way to foster teamwork, drive, and self-discipline. All-star cheerleading, while incredibly rewarding, is also very challenging. At times, both you and your child will be challenged emotionally and mentally. From the emotional growth of a young adult, and the difficulties of overcoming challenges your child may be faced with adversity at times. We ask that you let our staff know if they're finding challenges in sports, school or daily activity that would impact their choices and attitude at practice. This helps our staff to work alongside you to foster positivity. In the same way, we ask that parents who have questions or concerns bring those to our staff in a timely manner. By doing this, we are

provided the opportunity to answer your questions and develop solutions before negativity ensues.

**It is important that our coaches are given the ultimate authority to make decisions and help your child grow in the areas we see fit.** That said, if parents ever have any questions or would like to get clarification on their child's progression plan, please set up a time to meet with our All-Star Director, who will be happy to provide additional information.

|  |  |
|--|--|
| <p><b>Email</b><br/><b>info@carolinaEliteInc.com</b></p> | <p><b>Information regarding schedule changes, competition details, etc. will be sent out via email. Additionally, you'll receive our members' only emails with information about what's happening around the gym.</b></p>  |
| <p><b>Carolina Elite Gym</b><br/><b>910.821.1717</b></p> | <p><b>Our front desk is staffed beginning at 9:30am-3:30pm. Monday-Friday. Our director can answer all of you questions over the phone and in-person support during the day. Any other times need to be scheduled.</b></p>   |
| <p><b>www.CarolinaEliteInc.com</b></p>                   | <p><b>Go to our website for event sign-ups and the latest news</b></p>   |
| <p><b>Facebook groups</b></p>                            | <p><b>Each team will have their own Facebook group. This is where the team moms will post information, remind parents of extra practices or scheduling changes and ask for feedback. We highly recommend joining the team's Facebook group. Information posted in this group is typically specific to the all star program or the specific team.</b></p> |
| <p><b>Group Chat</b></p>                                 | <p><b>Team mom will set up either a group chat or a GroupMe app that she can get in touch with everyone. As a whole at the beginning of the season, we will take a vote on what way is best for each team! This will be required to be a part of as a parent.</b></p>  |

# CAROLINA ELITE ATHLETICS

## *Terms and Conditions*

Please read with the athlete fully. Initial on each line and sign the bottom to agree to all of the terms and conditions.

\_\_\_ I understand and agree to pay(all) administrative, competition and tuition fees by the dates listed in the parent handbook.

\_\_\_ I acknowledge that if my enrollment shall terminate for ANY reason, the buyout contract will commence, and no refund of ANY kind will be given.

\_\_\_ I understand that participation at all competitions are mandatory.

\_\_\_ I understand all fees are NONREFUNDABLE.

\_\_\_ I understand if I have an outstanding balance after 30 days, my child will be asked to sit out of the following competition. I also understand if I have an outstanding balance after 60 days, my child will be asked to leave the program and the buyout contract will apply.

\_\_\_ I understand that if my bank account information changes, I will notify Carolina Elite Director immediately.

\_\_\_ I understand the practice times listed in the parent packet are MANDATORY. I also understand practices are subject to change, or practices could be added on Friday/Saturday before competition if needed and are MANDATORY.

\_\_\_ I understand my child is only allowed 2 unexcused absences from 6/5/22-7/17-22 and 2 unexcused from after choreography to 11/7/22. Each unexcused absence will be charged the \$50 fee.

\_\_\_ I understand my family vacations need to match our closings. No other times will be excused.

\_\_\_ I understand my athlete needs to arrive at practice on time and must remain at practice until the coach dismisses the team. IF THE ATHLETE LEAVES EARLY WITHOUT PREVIOUSLY TELLING THEIR COACH, THIS WILL COUNT AS AN UNEXCUSED ABSENCE.

\_\_\_ I understand my athletes' skills must stay consistent through the entire season to keep their spot on the team. A coach/management is allowed to change their position on the team or change their team entirely if an athlete loses a skill they tried out for the team with.

\_\_\_ I understand my athletes' attitude and ability to adhere to rules of the team, can result in dismissal of the team.

\_\_\_ I understand that the only excused sickness is a contagious sickness that the athlete tested positive for and will require a doctor's note.

\_\_\_ I understand that when my athlete joins Caroline Elite Athletics, they are joining OUR program and family. We will decide where your athlete best fits into our family based on their ability.

\_\_\_ I understand my child should only perform skills under direct supervision of a coach or staff member.

\_\_\_ I give permission to the CEA staff to give my child Tylenol, Ibuprofen, or Advil if they are to need it.

\_\_\_ I understand all all-star practices are **closed** to parents and that at the end of each month the coaches will decide if the team is ready for "peek" week for parents to see their progress. Once competition season starts, peek practices may be limited.

\_\_\_ I understand that my athlete is not allowed to get a new piercing in the middle of the season, that cannot be taken out for practice. If this athlete decides to "hide" it, and causes injury during practice or competition, Carolina Elite is not responsible.

\_\_\_ I understand that outside activities come after all-star cheerleading practice/competition/choreography. I also understand that all-star cheer cannot be a form of punishment for bad grades, unacceptable behavior at home, or school.

\_\_\_ I understand if an injury was to occur, we need a plan of action with parents, athletes, and coaches.

\_\_\_ I understand meet times at competitions are for coaches to take the athletes and get "in the zone" for their performances. Parents are to drop off and find their seats. This is not time to do hair, makeup, or put uniforms on.

\_\_\_ I understand as a parent at Carolina Elite, I am responsible to behave appropriately at a competition where I am representing our gym. If I am bringing a friend of my athlete, she/he is my sole responsibility, not the responsibility of Carolina Elite.

**CAROLINA ELITE ATHLETICS**  
**BUYOUT CONTRACT**

I understand all payments are nonrefundable and payments are never prorated or refunded including but not limited to, sickness, injury, joining late, leaving the team early, family vacation, or being dismissed from the team. I understand that if my child leaves the program before the season ends for any reason, I give up the rights to a refund of any kind and will be charged the \$500 Buyout fee. The buyout contract starts July 18th, 2022. If the athlete leaves the team or is dismissed from the team for ANY reason, the buyout contract will commence, and your account will be charged for the \$500. This buyout contract is in place to ensure athlete fill in is paid for, and any extra time it will take for admin to change rosters, coaches to change choreography, etc.

Guardian signature: \_\_\_\_\_

Printed name: \_\_\_\_\_ Date: \_\_\_\_\_

Athlete Signature: \_\_\_\_\_

Printed name: \_\_\_\_\_ Date: \_\_\_\_\_

Director Signature: \_\_\_\_\_ Date: \_\_\_\_\_

# Absence Request

## Form

Date(s): \_\_\_\_\_

Athlete position: \_\_\_\_\_

Fill in athlete: \_\_\_\_\_

Parent Signature: \_\_\_\_\_

Director approval: YES NO

Director Signature: \_\_\_\_\_